

# ECHOES

THE OFFICIAL NEWSLETTER OF CHAMPION HILLS

OCTOBER 2023

[championhills.com](http://championhills.com) | [@ChampionHillsCommunity](https://www.instagram.com/ChampionHillsCommunity) | 828.696.1962



## FROM THE GENERAL MANAGER'S DESK

Dear Owner/Members,

It is with great excitement and a sense of accomplishment that I write to you, marking my one-year anniversary as the General Manager of Champion Hills. In this short span of time, we have witnessed remarkable challenges and progress together. I am happy to say that we completed the replacement of the fire suppression system, upgraded our kitchen equipment and refreshed our administrative offices.

Our culinary journey has been a delightful adventure. Eight months ago we started offering weekly entrées on the dinner menu based on your valuable feedback. We also adjusted the wine and upgraded the lunch buffet. Just a few weeks ago, we hosted our 35th-anniversary party with over 300 members in attendance. Everyone enjoyed a night of drinks, food, dancing and a stroll down memory lane with Tom Fazio. Moving forward we will continue to refine and improve upon our service levels.

One of the ongoing challenges in the hospitality industry is staffing, training and retention. As summer draws to a close, we will certainly miss our seasonal staff members who contributed greatly to making our summer memorable. We extend our heartfelt gratitude for them spending time with us and helping to make our club a special place.

Recruitment and training will continue to be a priority as we aim to provide you with exceptional Champion Hills service. We invest in our employees, training them to build a strong rapport and aim to meet the needs and preferences of our membership. In return, we ensure our staff will be valued and treated with the utmost respect and common courtesy. It is heartening to note your feedback has shown a clear correlation between members' positive experiences and connections with our team. Your active involvement and support are crucial in fostering a deeper connection among our team members and staff. When you take the time to know our team members and genuinely care about them, they are motivated even more to go above and beyond to provide great experiences for you.

As we look back on this momentous year of transition and growth, we are reminded of the strong bond we share at Champion Hills. With your unwavering support, we have accomplished so much and we eagerly anticipate an even brighter future.

Best,

Alan Deck, CCM, PGA



## 1988 WAS A VERY GOOD YEAR

It's hard to believe that it's been 35 calendar flips since our magnificent Champion Hills was formed. Bright minds came together to create a private club community and a tight-knit resident-member lifestyle that, to this day, is the crowning jewel of Western North Carolina.

In 1988 a local real estate broker identified the need for a luxury private golf club in Hendersonville, North Carolina. He shared the idea with the head golf professional at his club. Soon after, the pair found 524 acres that would later become the site of their shared vision.

By February 1988, more investors were added, and the renowned golf course architect Tom Fazio was approached to design the course. By the end of the month, the group had acquired additional acreage, making a total of 730 acres in the famed Blue Ridge Mountains of North Carolina.

What is known as Fazio's Mountain Masterpiece was constructed in four phases over the course of two years. The natural curvature of the land guided his design. Each fairway was sculpted inside its own valley with ample space for homes to be tucked discreetly into the woods along the hillsides.

By 1994, the first homes in Champion Hills were built across from what is now the award-winning wellness center, and the construction of our beautiful clubhouse was complete. The following two years saw enhancements to the golf course irrigation and drainage systems and the transition of fairways from bluegrass to bentgrass.

Arguably, the most significant transformation in the history of Champion Hills was the conversion of Champion Hills from privately owned to member-owned in December 2000. This allowed our members and residents to help mold the future of Champion Hills through our Club and Property Owners Association.

Our association has overseen the implementation of several enhancements, including the 2011 renovation of our clubhouse to include the Fazio Grill Room, along with significantly expanding our pool, fitness and real estate offerings.

In 2016, we redesigned our driving range, and by 2017, we created an event lawn with stunning mountain views and a firepit for those crisp evenings with friends. The wellness center received another update that year. In 2019, the entire clubhouse was refreshed and reimagined. The main dining area became the Mountain View Room, and our grill into the current Fazio Pub.

So, here we are in 2023, celebrating 35 years, providing members with a sense of belonging in a warm and welcoming club atmosphere, and the pride in knowing they are a part of one of the premier clubs in golf-rich North Carolina. "Amazing" comes to mind, considering Champion Hills' humble beginnings. What started as a quaint mountain community in Hendersonville, North Carolina, has grown into a highly acclaimed community with members and residents from across the globe.

**THE REGAL RIDE**  
**THURSDAY, OCTOBER 12 | 1 PM - 6 PM**  
Join us on a tour of the area's vineyards where you can enjoy an exquisite variety of wines and breath-taking views!



**EXOTIC WINE & CHEESE PAIRINGS**  
**FRIDAY, OCTOBER 13**  
**1 PM - 2 PM**  
Enjoy delicious exotic cheese and perfect wine pairings!

**LADIES' NIGHT OUT**  
**WEDNESDAY, OCTOBER 18**  
**COCKTAILS 5:30 PM | DINNER 6:30 PM**  
Join us for line dancing lessons with our very own Mary Sue House, Rena Hoffman and Janet Ogden!



**KARAOKE NIGHT**  
**SUNDAY, OCTOBER 22**  
**COCKTAILS 5 - 6 PM | KARAOKE 6 PM**  
**DINNER BUFFET 6 PM - 8 PM**  
Chisolm Leonard will be joining us to host karaoke night! Song selections can be made during cocktail hour.

**MEN'S NIGHT OUT**  
**WEDNESDAY, OCTOBER 25**  
**COCKTAILS 5:30 PM | DINNER 6:30 PM**  
We invite the gentleman of Champion Hills to an evening of great food and conversation!



**HOWL-O-WEEN**  
**THURSDAY, OCTOBER 26 | 4 PM - 6 PM**  
Dress up your furry friend and come to the event lawn and celebrate Halloween during Thirsty Thursday! Members will vote on the cutest, scariest and most creative costumes. Winners will receive special prizes! And... Sous Chef Brandon is making dog treats!

# SPOONBREAD

From Chef Sean Thomas

The earliest versions of spoonbread are from the Sewee Indigenous peoples. It was referred to as “Owendaw” or “Awendaw” by early settlers, which was the name of the region where the tribe lived in what is now South Carolina. Spoonbread spread in popularity throughout the South in the nineteenth century and has since become a traditional soul food side dish.

## INGREDIENTS

- 2 Cups Cornmeal
- 1 Teaspoon Salt
- 2 Cups Boiling Water
- 2 Cups Milk
- 4 Large Eggs
- 1 Cup of Corn
- 2 Teaspoons Baking Powder
- Butter, for Dishes

## INSTRUCTIONS

1. Add cornmeal and salt to boiling water, stirring while paste forms.
2. Remove from heat and let sit for 10 minutes.
3. While cooling combine milk, eggs and baking powder whisking together.
4. Combine corn with egg batter and blend well.
5. Pour into greased dish and bake at 350 for 10-15 minutes on low humidity.





## BENEFITS OF A PERSONAL TRAINER

### Education

Being educated while exercising is essential in maximizing effectiveness and reducing risk of injury. A personal trainer will teach you everything you need to know about exercising. They will put together the perfect routine to help you achieve your goals and demonstrate the correct posture for each exercise.

### Motivation

Exercising can be a hassle and at times it may feel like there aren't enough hours in the day. Whatever the reason, sometimes it's difficult to find the motivation to work out. Regular sessions with a personal trainer may give you the boost you need and having someone in your corner to push and encourage you can be rewarding. Sometimes all we need is a little more support and an appointment on the calendar.

### Accountability

Accountability goes hand-in-hand with motivation. Throw the "I'll go tomorrow; I'm too tired" excuses out the door because a personal trainer will ensure that won't happen. Sticking to a fitness schedule gives you incentive to follow through and is the best way to achieve your goals.

### Personalized Plan

A common misconception is that personal trainers are high energy, in your face, and work you to exhaustion with heavy lifting, which is far from the truth. Be sure to tell your trainer what you're looking for and together you can develop a plan tailored to you. Then your personal trainer can set realistic goals based on your abilities and make adjustments where necessary, like if an old injury makes a certain exercise difficult. This will help you remain effective while keeping your body healthy.

### Challenging

It's easy to get bored with your fitness routine. Maybe you've plateaued or aren't seeing the results you want. A personal trainer will challenge you and take you to the next level. They will implement exercises to keep you off that plateau and introduce new exercises to keep your workouts fun and fresh. Plus, it's always rewarding to succeed when challenged.

## Variety

Your trainer will develop a routine for you with plenty of variety. This may include machines, free weights, bodyweight exercises and cardio. No two workout days will be the same, making each day fun and new.

## Better Improvements

Studies have shown that there are better strength improvements with supervised training than without. Personal trainers will coach, push and motivate you more than you may be able to yourself.

Don't let intimidation hold you back! The benefits of personal training outweigh your fears by a long shot and can really help you achieve your goals. Meet with one of our Champion Hills personal trainers to discuss your personal fitness goals.



## ELIJAH ASKEW

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Elijah takes pride in everything he does. He is a former college athlete, as well as a former high school football and track coach. He has a degree in Recreation Administration from Mars Hill College. He is currently the owner of EFitness Studio here in Hendersonville.

His passion is to help people reach their personal fitness goals. One look at Elijah and you will see fitness is a way of life. He has enjoyed 20+ years in the fitness industry.

He has several certifications in TRX Suspension Training and TRX Rip Training. He is also an ISSA-certified Strength and Condition Specialist.



## TJ VORE

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TJ has been in the health and fitness industry for 25 years focusing on the active older population. Beginning her journey in cardiac rehab and then working in a physical therapy clinic, her philosophy is grounded in the fundamentals with an infusion of the joy of physical activity.

With a wide repertoire to pull from, the goal is to provide clients with the tools to enhance quality of life, aid self-care and facilitate appropriate progression.

ELIJAH ASKEW: (828) 450-2414 | TJ VORE (828) 606-8887

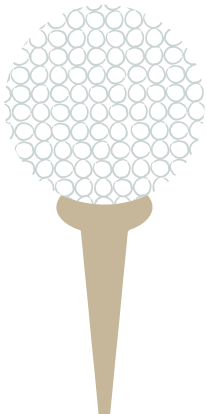


## WELCOME KRIS MILLER ASSISTANT GOLF PROFESSIONAL

Kris was born and raised in Merrit Island, Florida where he learned at an early age his love for golf. After graduating high school he enlisted in the United States Navy. He served as a corpsman in Kaneohe Bay, Hawaii and Naval Air Station Key West, Florida.

Following his time in the Navy, Kris attended Appalachian State University to complete his studies in Sustainable Development, Agroecology and Sustainable Agriculture. Prior to joining Champion Hills, Kris worked as a Golf Professional at Hound Ears Club in Boone, NC. During the off-season, he would work with the Fitness Director to bring in the Titleist Performance Institute (TPI) program to Hound Ears. His first day will be Tuesday, October 3. Please help us welcome him to Champion Hills!

### LADIES' MEMBER-MEMBER



**18-Hole Champions**  
Carol Kemp & Camille Grant

**9-Hole Champions**  
Marlene Rau & Valerie Fitzgerald

**Sorenstam Flight:** Alex Gennari & Lisa Gray

**Wright Flight:** Carol Kemp & Camille Grant

**Berg Flight:** Sallie Alexander & Jodi Sundeen

**Whitworth Flight:** Karen Imhof & Terry Strow

*Flight Winners*

## UPCOMING EVENTS

- Ladies' Summer Closing Day | Tuesday, October 3
- Men's Summer Closing Day | Wednesday, October 4
- Men's Green Tee Cup | Friday, October 6
- Couples' Summer Closing Day | Sunday, October 8
- Men's Member-Guest | October 11 - 14
- Halloween Spooktacular | Tuesday, October 31

If you have any questions regarding any of the upcoming events please contact the golf professional staff or visit ForeTees.





# PACE OF PLAY TIPS

## From the Champion Hills Pro Shop Staff

### **Minimize your time on the tee**

On the tee it is usually acceptable for players to "hit when ready." You can also save time by playing a provisional ball if you think your original ball might be lost or out of bounds.

### **Plan your shot before you get to your ball**

Once you are off the tee, think ahead. Determine your yardage and make your club selection before it is your turn to play. Very often, you can do this while others are playing, without disruption. If you take your glove off in between shots, have it back on before it is your turn to play. Even a small step like this saves time.

### **Keep your pre-shot routine short**

Pick your line of play once and trust yourself. Try to take no more than one practice swing, then step up to the ball and play your shot. Most importantly, be ready to hit when it is your turn. Be efficient after your shot too.

### **When sharing a cart, use a buddy system**

Don't wait in the cart while your cart mate hits and then drive to your ball. Get out and walk to your ball with a few clubs. Be ready to play when it is your turn and then let your cart mate pick you up. Or drive to your ball after you drop your cart mate off and pick him or her up after you hit.

### **Be helpful to others in your group**

Don't wait in the cart while your cart mate hits and then drive to your ball. Get out and walk to your ball with a few clubs. Be ready to play when it is your turn and then let your cart mate pick you up. Or drive to your ball after you drop your cart mate off and pick him or her up after you hit.

### **Keep up with the group in front of you**

Your correct position on the course is immediately behind the group in front of you, not immediately in front of the group behind you. If you are consistently not able to keep up and a gap opens in front of you, invite the group behind you to play through, irrespective of the number of players in the group.

### **Be efficient on the putting green**

Mark your ball, lift and clean it when you arrive at the putting green so you will be ready to replace it when it is your turn to play. You can usually line up your putt while others are putting, without disturbing them. Leave your clubs on the side of the putting green closest to the next tee or where the golf carts are parked and leave the green promptly after holing out. Wait until the next tee to record your score.

### **Remember that picking up your ball is permitted by the USGA Handicap System**

If not in the individual stroke play competition, it is generally okay to pick up your ball and move on to the next hole if you are "out" of a hole and want to maintain the pace of play. This applies in match play and many forms of stroke play. You can then take your most likely or max score and still be able to post that round.

# REAL ESTATE NEWS



## CHIMNEY CROSSING AT CHAMPION HILLS

We are excited to present Chimney Crossing at Champion Hills! A total of fourteen new homes will be available. There are two models to choose from with two units per building. Golf membership comes with each unit.



## GREEN RIVER MODEL

### PROPERTY FEATURES

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- 2 Units per Building | 2,353 Sq. Feet Each
- 3 Bedrooms/2.5 Baths
- Owner's Suite on the Main Level
- 10 Foot Ceilings on Both Levels
- Hardwood Floors on Main Level
- Private Office in each Unit
- Solid Core Interior Doors
- 2 Car Garage
- Pre-wired for EV Charger
- Eze-Breeze 4-Season Room Enclosure
- Option for Main Deck
- 2 Covered Outdoor Decks
- Epoxy Garage Floors
- Cat 6 Cabling in Select Locations
- Lock & Leave Concept
- Interior Finishes - Owner Defined
- Buyer can Customize and/or Upgrade Interior Finishes, Colors, Hardware, Lighting and Surfaces



# PISGAH MODEL

## PROPERTY FEATURES

- 2 Units per Building | 2,489 Sq. Feet Each
- 3 Bedrooms/2.5 Baths
- Owner's Suite on the Main Level
- 10 Foot Ceilings on Main Level
- Hardwood Floors on Main Level
- Private Office in each Unit
- Solid Core Interior Doors
- 2 Car Garage
- Pre-wired for EV Charger
- Eze-Breeze 4-Season Room Enclosure
- Option for Main Patio
- 1 Covered Outdoor Patio
- Epoxy Garage Floors
- Cat 6 Cabling in Select Locations
- Lock & Leave Concept
- Interior Finishes - Owner Defined
- Buyer can Customize and/or Upgrade Interior Finishes, Colors, Hardware, Lighting and Surfaces

## FOR MORE INFORMATION

Call our Real Estate Team:

Mary Kay Buhrke | (828) 243-3346  
Amber Saxon | (828) 699-0171



CHIMNEY CROSSING VILLAS  
HENDERSON COUNTY, NC





# October

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

Lundahl Cup

2

Clubhouse  
Closed

3

Ladies'  
Closing Day

4

Men's  
Closing Day  
Trivia Night

5

Thirsty  
Thursday

6

Green  
Tee Cup

7

8

Couples'  
Closing Day

9

Clubhouse  
Closed  
Club Board  
Meeting

10

Four Seasons  
Foundation  
Fashion Show

11

Men's  
Member-Guest  
The Regal Ride  
Thirsty Thursday

12

Men's  
Member-Guest  
Exotic Wine  
& Cheese

13

Men's  
Member-Guest

14

Men's  
Member-Guest

15

16

Clubhouse  
Closed  
HCEF Event

17

18

Ladies'  
Night Out

19

Third  
Thursday

20

Champion  
Guest Day

21

22

Karaoke Night

23

Clubhouse  
Closed  
CEF Event  
Book Club

24

25

Men's  
Night Out

26

Howl-O-Ween  
at Thirsty  
Thursday

27

28

Prime Rib  
Night

29

30

Clubhouse  
Closed

31

Spooktacular