Upcoming Events

Bold Rock Cider Tour
July 15

Ladies’ Member-Guest
July 26–28

Fourth of July Cookout

Join fellow Members for the Fourth of July Cookout on Tuesday, July 4. Visit chemember.com to RSVP for the cookout.

As a reminder, all Members participating in the golf tournament are automatically registered for the cookout unless Members opt out of the dining portion by contacting Cathy Brovet at ext. 1317. For more information about the Golf tournament, please call the Golf Shop at 693-3600.

Dress code: Appropriate shorts and denim are permissible in the Main Dining Room.

Solar Eclipse Party & POA Picnic on the Lawn

Get to know your neighbors at the POA Picnic/Solar Eclipse party on the Member Lawn on Monday, August 21, from 1-4. Enjoy delicious cuisine prepared by the Champion Hills culinary team and the solar eclipse viewing at approximately 2:30 pm. For more information, visit chmember.com. Dress code: Appropriate shorts and denim are permissible.
The summer season brings renewed friendships with the return of seasonal members. It also focuses the POA Board and staff on ensuring that Champion Hills remains a fantastic place to live. Last year, no pavement rehabilitation occurred because the projects slated for both 2015 and 2016 were completed simultaneously in 2015. This allowed the roadway fund time to recover while engineers performed the pavement evaluation for 2017-2022, a process done every five years to determine the condition of the pavement for each street. A ranking of the condition from worst to best is created, along with conservative cost estimates for the rehabilitation of each street. Some of the longer streets were broken into smaller sections to match their condition as were logical points such as intersections.

Based upon their recommendations, the Roads & Landscaping Committee made minor adjustments in the engineers’ recommendations to create a bid package that will restore the pavement in several consolidated locations rather than spreading the work across the community. This consolidation will also make it more cost effective for the contractor. The Board anticipates that the bids will be lower than the more conservative engineers’ estimates. Therefore, the POA is bidding more work than is normally done in any one year. If the bids are as expected, the following streets will be rehabilitated this year: Pine Shadow Drive, Meadow Ridge Lane, Elderberry Drive, Little Cherokee Ridge, LaCoste Drive and Portion of High Cliffs.

However, some of the work might be deferred until next year if the bids are higher than anticipated. The community will be notified when the final scope is determined, and a schedule for its accomplishment is determined. As the final step in the pavement process, all streets in the community will be restriped. The Committee identified three locations within the community where drivers frequently use more than their half of the roadway. Temporary centerline striping will be installed on selected portions of Hagen Drive, Old Hickory Trail, and Chattooga Run to see if this measure improves the safety of our community.

As promised last year in the Annual Meeting, the POA has conducted tests on the thickness of the steel tanks that are the primary structure of the community’s wastewater treatment system. Originally, the tanks were estimated to have a 35-year life which would require replacement in 2028. The POA established a replacement reserve fund years ago based upon the assumption that the POA would accumulate funds for half of the replacement through the normal dues process and the other half funded by an assessment in 2028. The Board has just received a report from a consulting engineer stating that the walls of the wastewater treatment plant are nearly as thick as they were when put into service. Therefore, the need for a major assessment for new tanks can be postponed. The Board will review this data and consider how to adjust the replacement reserve computations.

You may have noticed that the City of Hendersonville has repainted all of the fire hydrants in the community to define the pressure that the fire department can expect if needed to fight a fire. They have also added circular reflectors on each hydrant to make them easier to find at night and more visible to drivers.

Although the projects were discussed at the June 28 Annual Meeting, questions can also be addressed to any member of the POA Board.

Thank you,

Ken Thomas, Vice President
POA Board of Directors
At the recent Hickory/Chicory block party, I mentioned that I was going to interview Herb Miller for an article in *Echoes*. Three different people said, “You gotta go by his house! All those medals and trophies and ribbons will blow your mind!”

So I did, and they were right! A room full of hardware testifies to a man who has consistently participated at a high level of athleticism. Herb Miller – our Herb Miller – has not only participated, but succeeded at the Senior Olympic Games for almost 20 years. Here’s a little more of his story.

First, a bit about the senior Olympics and how they compare to what we think we know about the regular Olympics. Participants over the age of 50 can compete in regional qualifiers (there is one in Hendersonville). Successful qualifiers then move on to state qualifications, and, if successful there, continue to the National Olympics, which are held every two years.

Athletes compete against others in their age group (50-54, 55-59, 60-64, etc.) in a variety of events, including individual events (e.g. track and field, swimming, golf) and team events (such as softball, basketball, pickleball). At the national level, medals are awarded for gold, silver, and bronze. Typically, there are 12,000-15,000 athletes participating each year in the National Games.

Always interested in sports, Herb won All-State honors in basketball, football, and track as a high school student in Louisiana. He attended Louisiana Tech on a football scholarship and, after completing his MBA, moved to Houston. Initially, he worked for NASA, then started his own catering business, and, ultimately, owned and developed storage facilities and office warehouses. Once he left the corporate world, he could turn his attention to resuming his athletic career.

Herb entered his first Senior Game competition at age 57 and has since enjoyed almost 20 years of success at every level – regional, state, and national. He has competed nationally in the high jump, discus, and golf. He has qualified in other track and field events, but the organization only permits an athlete to participate in two sports (high jump and discus, both track and field events, count as one category). His best year, he says, came in 2007 in Louisville KY, when he was the gold medal winner in golf in his age group.

And, in addition to his participation in the games, he has also served as a Board member on the Texas State Board of the games, as well as in the national organization. Before his retirement, he was not only recognized on the floor of the Texas State Senate for his contribution to the games both regionally and nationally, but also inducted into the Texas Hall of Fame Senior Olympics. This was made even sweeter because many of his grandchildren were there and helped honor their grandfather.

Medals and trophies aside, the overarching purpose of the Senior Games is participation, not winning. Miller talks about the two centurions who continue to participate every year in bowling. One is 103; one is 104. Both are guaranteed a medal, because there is no one else in their age group. Then there is 101-year-old Julia Hawkins, who ran the 50- and 100-meter sprints in the 2017 games last month in Birmingham AL. Because she had no competitors, she was guaranteed a gold medal. Her children, now 71, 69, 66, and 64, were there to cheer her on.

Herb admits he’s slowing down. Rather than perfecting his high jump, he’s devoting himself to landscaping his property and other projects, including expanding a deck and designing an 11-tier waterfall. His golf game took a hit after his recent hip replacement surgery, but he’s worked through it, and his handicap is slowly going back down.

Not one to brag, Herb is clearly embarrassed to be talking about his athletic accomplishments. But ask him about his cherry-red 1957 Chevy convertible, and he becomes more animated. Stop by; he might offer you a ride.
**Motown Dance Party with Denise Medved – July 20**
Cocktails: 6 | Dinner: 7 | Dancing with Denise: 8–10 pm

Join Nia Instructor and founder of Ageless Grace, Denise Medved, for a night of fun entertainment. Denise will be playing motown favorites and leading all the participants in fun dance routines. **Visit chmember.com to register.**

**Cahlua & Cream – August 12**
Cocktails with Music 6 | Dinner: 7 | Live Performance: 8–10 pm

Booked by popular demand, this husband-wife duo, Cahlua & Cream, from South Florida will take the stage at Champion Hills Club. This will be a wonderful way to spend Saturday evening - cocktails, a delicious dinner and dancing to your favorites performed by the very talented “Lesly”. **Visit chmember.com for more information.**

---

**Employee Scholarship Event**

On behalf of the entire staff at Champion Hills, we greatly appreciate the outpouring of generosity demonstrated by the Membership at this year’s Employee Scholarship Fund Event held on June 9 & 16. The total dollars raised exceeded $90,000.

The funds raised will benefit employees who are pursuing a field of study that will lead to a future career, as well as employees pursing professional certifications in areas that will directly benefit their career at Champion Hills. And since 2015, the fund also provides educational assistance to the dependents of eligible and high-performing employees.

The primary goal of the scholarship program is to help our employees and their children achieve a brighter, more productive future for themselves and their families. And, lucky for me, the program has proven to be an attractive benefit when recruiting and retaining quality employees.

Again, thank you for your continued support. Your staff is very grateful.

Bill Romano, General Manager
Champion Hills Club
**Upcoming Golf Events**

- **July 4 Mixed Golf, July 4**  
  9:30 am shotgun  
- **Club Championship, July 8–9**  
  am tee times  
- **Ladies’ Day ABCD, July 11**  
  8:30 am shotgun start  
- **Men's Day ABCD, July 12**  
  9 am shotgun start  
- **9 and Dine, July 16**  
  3 pm shotgun start  
- **Carolina Cup at CH, July 19**  
  9:30 am shotgun  
- **Champions’ Guest Day, July 21**  
  Tee times  
- **Match Play Championship July 22-23**  
  am tee times  
- **Ladies’ Member-Guest July 26-28**  
  9 am shotgun

---

**Golf Course Care and Cart Traffic Reminder**

Summer is in full swing and so are the divots, ball marks, and golf cart traffic. Remember, our fairways are bent grass so the divots must be replaced. If the divot is not replaceable, please use the sand provided in the golf cart. There are refill stations at each comfort station and at the turn to the front and back nine. Cart traffic must enter and exit between the stakes located at the beginning and end of holes when carts are off path (keep the carts in the fairway, not in the rough). These positions change daily. For those who do not have a medical flag, do not drive past the exit posts.

When fixing ball marks, please push in from the sides and not upward. This prevents root damage and dead spots on the greens.

Following this simple procedure will continue to make our beautiful course one of the top courses in the state of North Carolina.

---

**Tournament Winners**

**Ladies’ Day ABCD - June 6**  
1st Place  
Maggie Anderson, Jackie Linn, Norma Fraser

**Men’s Day - June 14**  
1st Place  
Bill Lessig, Jeff Springer, Rick Kirkendall & Geoff Jollay

**9 & Dine - June 11**  
1st Place  
Gary Breissinger, Judy Breissinger, Don Martin & Betty Martin

**Employee Scholarship - June 16**  
Overall Champions  
Warren Zwecker, Steve Landis, Sam Walker & Jack McWhirter

**Men’s Member-Guest June 21-24**  
Overall Champions  
Kevin Smith & David Steele  
(*pictured right*)

---

**Tip from the Pro – Relax the Hands**  
*by Ty Harris*

To increase clubhead speed, most players need to decrease the pressure in their hands and arms. A light grip and relaxed arms will serve to relax your body at address and give you the flexibility to make a full turn and a free arm swing at top speed. Tension, on the other hand, restricts your shoulder turn and inhibits your arm and hand speed. How light is light? Light means enough to feel the clubhead as it travels around the arch.
Wellness Seminar Series

- **Wednesday, July 26, 6:30:**
  Dr. John K. Hill, MD-
  Oncology and Hematology
  Topics

- **Thursday, August 31, 6:30:**
  Shannon Nickerson, Wellness
  Coach—“Aging with Ease: 3
  Tips to Increase Your Energy”

- **Wednesday, September 20, 6:30:**
  Lane Evans, ITPA
  MTPS, ISSA CFT, SFS-
  “Training the 60+ Athlete”

Tennis News

The Tennis Deck is Complete

Thanks to all who contributed to this wonderful project. Scott Miller took an old drawing from several years ago, dusted it off, and turned it into a masterpiece. The tennis players and the entire club owe Scott a huge debt of gratitude for not only helping out our tennis program but for creating a beautiful showpiece for all to enjoy and admire.

Tennis Thanks the Troops” Tourney

We will once again be supporting the “Tennis Thanks the Troops” initiative this year. This year’s event is on Friday, July 21, at 9:30 a.m. “Tennis Thanks the Troop” is a fund raiser providing much needed funds for military personnel families and their education venues. Last year we raised $1,725.00. Go to chmember.com to register.

Wellness News

July is Champion Hills Fitness Month

To help reach our goal of exceeding last July’s 1,389 visits to the fitness center, we have designated July as “Fitness Month” here at Champion Hills. Remember to sign in so that we can break that attendance record.

Group Exercise Schedule

Please note: No classes on July 4

*New Class Time for H20 Body Sculpt

**Monday**
8 am - Jazzercise
9 am - NIA
*11 am - H20 Body Sculpt

**Tuesday**
8 am - Yoga for Men
10 am - FXP Total Body Sculpt

**Wednesday**
8 am - Pilates
9 am - Jazzercise

**Thursday**
8:30 am - Yoga
9:30 am - Strength-60

**Friday**
8 am - Pilates

**Saturday**
10:15 am - Jazzercise

**Sunday**
8:30 am - Yoga Buffet

Ladies’ USTA Tri-Level and Mixed 6.0 Teams

The ladies’ USTA Tri-Level team and the 6.0 Mixed doubles teams are undefeated at this point in the season. The tri-level team plays on Monday nights at 5:00; the mixed team plays on Tuesday evenings. Please check the court reservation system on chmember.com to see when courts are being used.
**Shredder Truck**

**Thursday, July 20; 11-2**

**Location: Turf Center**

A shredder truck will be on property at the Turf Center on Thursday, July 20, from 11-2. Please do not drop off documents at the Club or the Turf Center prior to July 20. Please remove binding combs from former directories and paper clips or other materials from from bound documents. For more information, call Jamie at 696-1962.

**Book Club**

**Monday, July 24**

**Book:** “A Man called Ove”

**Discussion Leader:** Susan Thomas

[Click here for more information](#)

**Bridge Winners**

**Party Bridge**

**June 7**

1. Shannon Coghill
2. Nancy Bertelli
3. Patti Garrison
4. Betty Martin

**Duplicate Bridge**

**June 7**

1. Paul & Penny Betters
2. Warren Zwecker & Dale Anderson
3. Nancy Kays & Liz Bustamante

**June 21**

1. Terry Robbins & Angela Fulton
2. Tied: Sherry Sims & Liz Bustamante, Arthur & Rebecca Lebowitz

**Ladies’ Duplicate Bridge**

**June 14**

1. Barbara Lessig & Angela Fulton
2. Tied: Nancy Kays & Judy Hummer, Norma Fraser & Terry Robbins

**Couples Bridge**

**June 14**

1. Tie: Mark & Sharon Lemelman, Holly Tucker & Shannon Coghill

Congratulations to “Double Faults” (Frank & Jean Kowalski; Allen & Anna Brown; Mariann Forster & Reed Neal) on their recent victory at Trivia on June 1. The next trivia is on **Thursday, July 13.**

**Real Estate Matters**

Things have been slightly slower, as is normal as we approach the 4th of July shoulder weeks. So, we have been taking advantage of this time by reaching out to our database to entice people to spend a little time in the mountains to enjoy our cooler weather. We have a number of appointments scheduled. Never a dull moment! The latest numbers:

**2017 (2016) YTD prospect inquiries as of May 31:** 224 (203)

**2017 (2016) YTD tours as of May 31:** 51 (69)

**Homes Sold:** 10  **Under Contract:** 4  **Lots Sold:** 2

**Tip of the month:** Keep an eye on your roof; it’s a big part of a first impression. A roof needing power washing or replacement can be a big deterrent to a prospective buyer. The roofs of many of our homes are getting to the replacement age. Might as well do it and enjoy it yourself for a few years.

~Mary Kay Buhrke & Amber Saxon

[For more information about Champion Hills real estate, visit chmember.com](#)

**Brevard Music Center Awards Champion Hills Community Distinguished Service Award**

Brevard Music Center (BMC) is awarding their Distinguished Service Award to the Champion Hills Community in recognition of more than 20 years of providing support to BMC’s Annual Scholarship Fund through the Champion Hills Gala. This year’s Gala was held on Monday, June 26, at the Champion Hills Club.

Typically held in June each year, the Gala evening includes performances by selected Music Center students in front of an audience of more than 100 enthusiastic friends. The Champion Hills Gala is the community’s longest running fundraising event and has contributed more than $500,000 to the Music Center. The funds raised have supported hundreds of BMC students since the inaugural Gala took place in the home of Maurine and Ken Bagwell in the summer of 1994.
<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>1</strong></td>
</tr>
<tr>
<td><strong>2</strong></td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>Red Cross Blood Drive 12:30-5 pm</td>
<td>Fourth of July Mixed Golf &amp; <strong>Cookout</strong></td>
<td></td>
<td>Thirsty Thursday (3-5 pm)</td>
<td><strong>Prime Rib Special</strong></td>
<td>Club Championship</td>
</tr>
<tr>
<td></td>
<td>Clubhouse Closed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>9</strong></td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td>Club Championship</td>
<td><strong>Burger Night</strong></td>
<td></td>
<td><strong>Trivia</strong></td>
<td><strong>Prime Rib Special</strong></td>
<td><strong>Bold Rock Cider Tour</strong></td>
</tr>
<tr>
<td></td>
<td>Clubhouse Closed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>16</strong></td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td></td>
<td>Asian Cuisine</td>
<td><strong>Burger Night</strong></td>
<td>Carolinas Cup at CH</td>
<td>Shredder Truck (11 am-2 pm)</td>
<td>Champions Guest Day</td>
<td>Match Play Rd. 1</td>
</tr>
<tr>
<td></td>
<td>Clubhouse Closed</td>
<td></td>
<td></td>
<td>Thirsty Thursday (3-5 pm)</td>
<td><strong>Prime Rib Special</strong></td>
<td></td>
</tr>
<tr>
<td><strong>23</strong></td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td></td>
<td>Match Play Rd. 2 Pastabilities</td>
<td><strong>POA Board Meeting</strong></td>
<td><strong>Ladies' Member-Guest (practice round)</strong></td>
<td><strong>Ladies' Member-Guest</strong></td>
<td><strong>Ladies' Member-Guest</strong></td>
<td>Saturday Night Dinner</td>
</tr>
<tr>
<td></td>
<td>Clubhouse Closed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>30</strong></td>
<td>31</td>
<td>32</td>
<td>33</td>
<td>34</td>
<td>35</td>
<td>36</td>
</tr>
<tr>
<td></td>
<td>Burger Night</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>31</strong></td>
<td>32</td>
<td>33</td>
<td>34</td>
<td>35</td>
<td>36</td>
<td>37</td>
</tr>
<tr>
<td></td>
<td>Burger Night</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>